Women Empowerment in Present Era: An Analytical Study in Health Prospective

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RESEARCH PLAN

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CERTIFICATE

It is to certify that this research plan entitled "**Women Empowerment In Present Era : An Analytical Study In Health Prospective** "by SUMAIYA IQBAL ,Submitted in fulfilment of the requirement for registration in Ph.D. Programme in school of law under Dean school of law of JECRC University ,Jaipur ,during the academic year 2023 ,is a bonafied record carried out under guidance and supervision.

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INTRODUCTION

Women empowerment in the present era has become a significant area of concern, particularly in terms of health. This analytical study aims to explore the current status of women's empowerment in the context of health, including the barriers and opportunities that exist for women to access and benefit from health services.

The study begins by providing a brief overview of women's empowerment, highlighting its importance in promoting gender equality and ensuring women's rights. It then delves into the various dimensions of women's empowerment, including economic, political, and social empowerment, and their interconnection with health outcomes.

The study examines the health challenges faced by women, including reproductive health, maternal health, and non-communicable diseases, and how these challenges are exacerbated by gender inequality and lack of access to healthcare services. It also discusses the importance of empowering women in addressing these health challenges and improving health outcomes.

The study identifies several barriers to women's empowerment in the health sector, such as poverty, lack of education, cultural and social norms, and inadequate healthcare infrastructure. It also identifies the potential opportunities for women's empowerment in the health sector, such as increased investment in women's health programs and policies, improved access to education and employment opportunities, and increased participation of women in decision-making processes.

Finally, the study provides recommendations for promoting women's empowerment in the health sector, including increasing access to healthcare services, addressing gender-based violence and discrimination, promoting women's education and employment opportunities, and involving women in decision-making processes. Overall, this analytical study highlights the need for continued efforts to promote women's empowerment in the health sector to improve health outcomes and achieve gender equality.

The study also analyzes the current status of women's empowerment in various countries and regions. It reveals that although progress has been made in some areas, women still face significant challenges in accessing education, employment, and healthcare services. The study highlights the need for policies and programs that promote gender equality and empower women to take control of their lives.

The study concludes by emphasizing the need for a comprehensive approach to women's empowerment that addresses economic, social, and political factors. It recommends the adoption of gender-sensitive policies, the promotion of women's education, and the provision of healthcare services that cater to the unique needs

of women. The study also calls for the involvement of various stakeholders, including governments, NGOs, and the private sector, in promoting women's empowerment in the health perspective.

Schemes Related to Womens Health-

1. **ChiranjeevYojana**

   An innovative partnership with the private sector obstetricians to provide skilled care at birth to the poor in Gujarat.

2. **Janani Shishu Suraksha Karyakaram (JSSK)**

   The scheme is for pregnant women to access Government health facilities for their delivery.

3. **Kasturba PoshanSahayYojana(KPSY)**

   To assess the Kasturba Poshan Sahay Yojana. the specific objectives were-

   - To enhance the health and well being of adolescent girls.
   - To improve nutritional status of girls of age 11 to 14 years.
   - To combat malnutrition among girls.

4. **RashtriyaKishorSwasthyaKaryakram (RKSK)**

   The RashtriyaKishorSwasthyaKaryakram was launched on the 7th January, 2014. The programme envisions enabling all adolescents in India to realize their full potential by making informed and responsible decisions related to their health and well-being and by accessing the services and support they need to do so.

5. **Women Helpline Scheme**

   The Women Helpline is intended to provide 24 hours immediate and emergency response to women affected by violence through referral linking with appropriate authority such as police, One Stop Centre, hospital.

LITERATURE REVIEW

Chattopadhyay, Paresh (2001) "Marx on ladies' inquiry." In financial and politicalweek after week. June 30, Vol. XXXVI, No. 26.

The Marxian approach to analyzing the issue with women in the public sphere, the nation, and the economy is one of the important strands of reflections and ideas. In his original paper, Chattopadhyay (2001) brilliantly encapsulated Marx's ideas on women's freedom, their role in the creative process, this localized circle, and their mistreatment. It provides more insight into the oppression of women.

Haksar, Nandita (1994) Demystification of regulation for ladies. New Delhi, Lancer Press.

Various laws have been enacted over the years to protect and enhance the financial, social, political, and other freedoms of women. In general, the laws have benefited women in general and female laborers in particular. In her novel, Haksar has shown many regulatory structures in an acceptable manner. For those taking part in India's cycle of strengthening women, this guidebook is crucial. She implied, however, that women were unable to be imaginable without the destruction of the personal stake.

.Dhoundiyal, M. (2006) Indian women in Modern Age. Delhi, commonwealth publishers. In her work, Dhoundiyal outlines many perspectives for understanding women. by examining the circumstances of women in India against the backdrop of many theoretical claims. She claims that the country's constitution, legislative frameworks, and other programs and plans have aided women in breaking into the workforce. She adds that "middle-class women in India are now gradually awakening from the slumber of marginalization and exploitation" as a result of 7 various options. Page number 329 Middle-class women are now able to engage in various employment opportunities accessible in the tertiary sector by using the services of domestic workers, whose number is now growing rather intensely.

Kishwar, Madhu and Vanita, Ruth (ed.) (1996). In search of answers: Indian Women'sVoices from Manushi, Delhi; Manohar Publications and DistributorsThe edited book discusses several facets of women's existence. The collection covers the most significant aspects of women's lives, careers, and social standing. By displaying these aspects in black and white, the volume demonstrates how much more susceptible women's situations are as a result of women's growing awareness of their rights. The volume also offers ideas and techniques for their empowerment by offering a canvas of status. The volume also identifies the factors that are driving women's engagement in politics, academia, and the workforce.

JUSTIFICATION FOR SELECTION OF RESEARCH AREA

The research plan is designed to explore the current status of women's health empowerment in the present era. The research will examine the role of women's empowerment in improving health outcomes, and the factors that affect women's health empowerment. The study aims to analyze the existing literature on women's health empowerment and identify gaps and limitations.

A mixed-methods strategy will be used for the research, integrating quantitative and qualitative data gathering techniques. The study will use a purposive sampling technique to select participants from different regions, socioeconomic backgrounds, and age groups. Data collection will be done through a questionnaire and in-depth interviews.

Data analysis will involve descriptive statistics, such as means and standard deviations, and inferential statistics, such as t-tests and regression analysis. The study will use thematic analysis to analyze qualitative data.

The findings will contribute to the existing body of knowledge on women's health empowerment and inform health policy and practice. The research will identify strategies to promote women's health empowerment and highlight the need for interventions that empower women to take control of their health.

The study's limitations include the potential for selection bias, social desirability bias, and the limited generalizability of the findings. Ethical considerations, including informed consent and data privacy, will be addressed throughout the study.

Overall, this research plan outlines a rigorous and systematic approach to examine the relationship between women's empowerment and health outcomes in the present era.

RESEARCH OBJECTIVE

1. To examine the concept of women empowerment in the present era, with a specific focus on the health perspective.
2. The study aims to analyze the various factors that contribute to women's empowerment, including education, employment, and access to healthcare.
3. The study aims to identify the challenges that women face in achieving empowerment in these areas and suggest strategies for overcoming these challenges.
4. Overall, the study seeks to provide insights into the state of women's empowerment in the present era, with a particular emphasis on how it relates to women's health and wellbeing.

RESEARCHMETHODOLOGY

A crucial step in a research methodology is data collection. To complete my research, I will use the following data collection methods:

primary data, which will also include an analytical method, case studies, and interviews.method, observations, interviews, questionnaire survey, etc. A survey questionnaire on social media use will be distributed based on age group. This will be determined by various age groups and other factors.

Secondary data collection will include parliamentary acts and rules, personal documents, public documents, and published records such as journals, magazines, newspapers, internet, and websites, among other things.

DOCTRINAL AND NON DOCTRINAL:-

DOCTRINAL:- The Doctrinal research implies an examination which is completed upon the lawful suggestions or recommendations via breaking down the current legal arrangements and cases by applying the statutory provisions and the cases by applying reasoning power.All in all it implies and incorporates the examination of legitimate establishments through lawful thinking and objective allowance.

EMPIRICAL OR NON DOCTRINAL:- It fundamentally implies a review done by gathering and assembling information or data by a first-hand report. In different words it implies transferring exclusively upon perceptions and investigation and not on speculations. It additionally called as Reality research.Taking into account the nature and extent of the investigation of the current subject, it plainly requires the genuine recorded work, for example, assortment of data and information from different Legislatures Offices, Examination Organizations, Legal executive and other concerned related workplaces even by taking meeting of the concerned officials .It likewise may include the investigation of the lawful suggestions and all the significant legitimate arrangements so the examination procedure might be utilized for the current review include both Legislatures Offices, Examination Organizations, Legal executive and other concerned related workplaces even by taking meeting of the concerned officials.

HYPOTHESIS

The null hypothesis for the present study is that there is no difference in the empowerment level of women due to health schemes.

CHAPTERS

Chapter 1: Introduction

Chapter 2: Strategies And Schemes For Women Empowerment In Health Perspective

Chapter 3: Impact On Women Empowerment, Grassroot Realities

Chapter 4: Challenges And Opportunities

Chapter 5: Case Study Analysis

Chapter 6: Conclusion